

DONATE YOUR KNITTING SKILLS

GET INSPIRED



COMMIT TO KNIT 2020



WELCOME TO OUR SPECIAL COLLECTION OF COMMIT TO KNIT PATTERNS

Now in its fourth year, the Commit To Knit campaign has drawn together knitters and crocheters of all backgrounds and experience to make hand-crafted items for charity, with thousands of items being donated to organisations the length and breadth of the country.

Last year we launched our Hats for the Homeless appeal to coincide with Commit to Knit month and the hats poured in.

Over 1,000 were distributed to Big Issue North, Crisis, the Salvation Army and a homeless distribution team based in Hertfordshire.

We were amazed by how many hats we received and this year we have a special focus on the homeless, or those who have fallen on hard times so donations from knitters and crocheters are even more important than usual.

As a result of the pandemic more people may find themselves in dire straits and so we would like to be able to offer items to food banks as well as the charities that we supported last year. We hope you can help us.

Hats, socks and mitts can be sent to:

UK Hand Knitting Hats for the Homeless

Stylecraft
Spa Mill
New Road
Slaithwaite
Huddersfield HD7 5BB

The closing date is 7th December

Every stitch you make counts.

Thank you!

UK Hand Knitting

UK Hand Knitting (UKHKA) is a not-for-profit organisation dedicated to promoting hand knitting and associated yarn crafts. It has developed a nationwide network of volunteers, who pass on their skills to encourage newcomers to learn to knit or crochet at craft shows and other events across the UK.

BASIC BEANIE

To fit an adult head
54cm wide by 20.5cm

Yarn

DK yarn 1 x 100g ball

Needles

4mm knitting needles

Tension

22 sts and 30 rows to 10cm, 4ins.

PATTERN

Cast on 102 stitches.

Work rib as follows

Row 1: P1, *k2, p2, repeat from * to last st, p1

Row 2: K1, *p2, k2, repeat from * to last st, k1

Repeat these 2 rows 4 more times

Next row: K1, *k5, m1, repeat from * to last st, k1 (122sts).

Now continue in stocking stitch beginning with a purl row, until work measures 14cm, ending with a purl row

Shape the crown

Row 1: K1, *k2tog, k16, ssk, repeat from * to last st, k1 (110 sts)

Row 2: and all even rows, purl all sts

Row 3: K1, *k2tog, k14, ssk, repeat from * to last st, k1 (98sts)

Row 5: K1, *k2tog, k12, ssk, repeat from * to last st, k1 (86sts)

Row 7: K1, *k2tog, k10, ssk, repeat from * to last st, k1 (74sts)

Row 9: K1, *k2tog, k8, ssk, repeat from * to last st, k1 (62sts)

Row 11: K1, *k2tog, k6, ssk, repeat from * to last st, k1 (50sts)

Row 13: K1, *k2tog, k4, ssk, repeat from * to last st, k1 (38sts)

Row 15: K1, *k2tog, k2, ssk, repeat from * to last st, k1 (26sts)

Row 17: K1, *k2tog, ssk, repeat from * to last st, k1 (14sts)

Row 19: K1, *k2tog, repeat from * to last st, k1 (8sts)

Break the yarn, thread through the remaining sts and draw tight.

Sew up the hat.



STAR HAT

Lots of charities donate hats to people that really need them such as St Mungo's, Shelter, Knit For Peace and many refugee charities. This hat uses a simple texture that comes together into a star at the top.

Yarn

DK yarn with Merino, 20%
1 ball in shade DM30

PATTERN

Cast on 102 stitches

Row 1: K1, *k2, K1 repeat from * to last st, k1.

Repeat this row 8 more times.

Next row: K1, *k5, m1, repeat from * until last stitch, k1 (122 sts)

Now begin working from the chart as follows

Needles

4mm needles

Tension

24 sts and 34 rows to 10cm in diamond pattern on 4mm needles

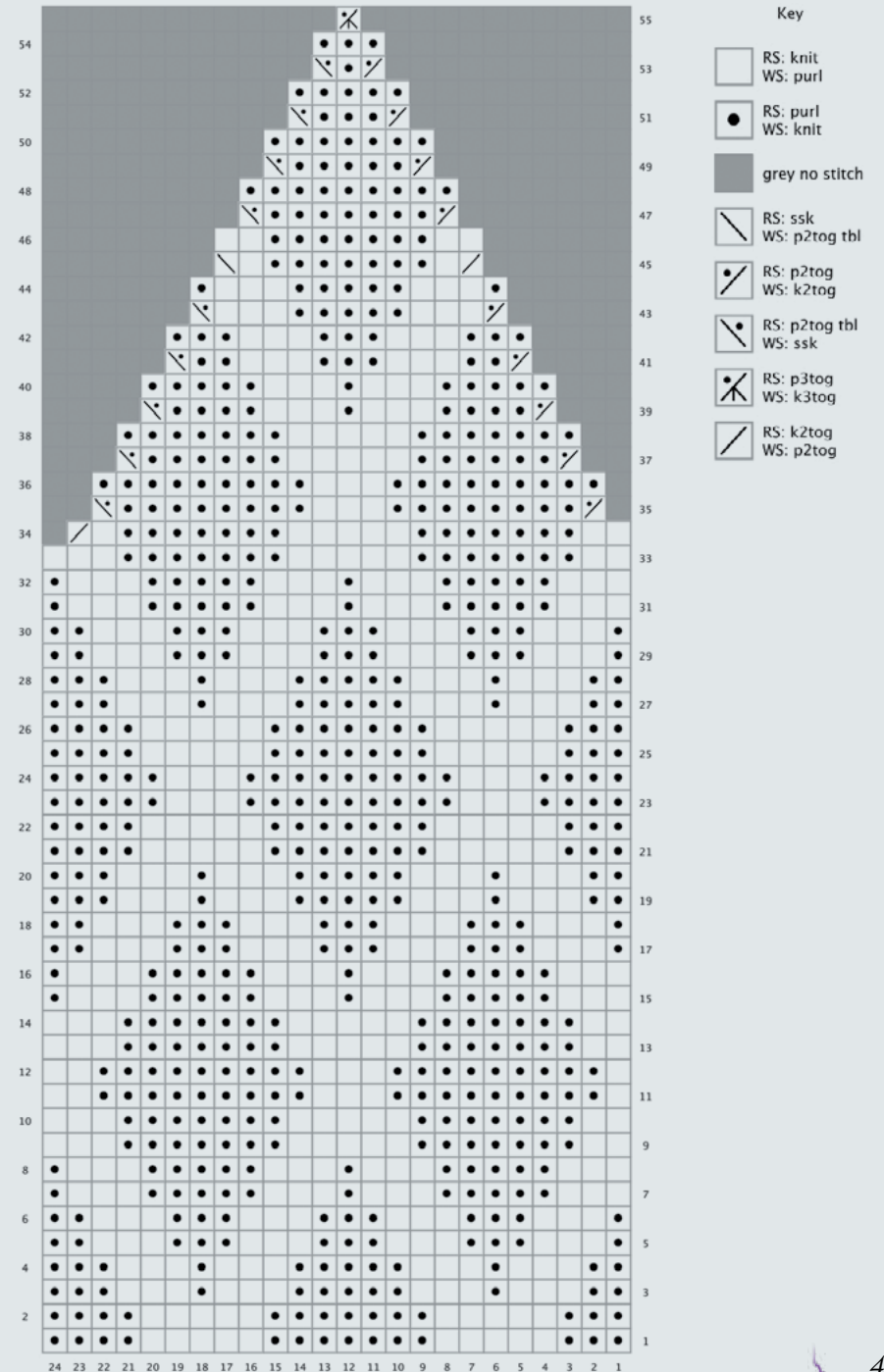
Dimensions

Circumference: 50cm
Depth: 20cm

Next row: K1, work chart 5 times, k1

Continue working as described until row 55 of chart has been worked and 5 sts remain on the needle. Break yarn and thread through remaining sts, drawing tight and fastening off.

Sew hat together.



TEXTURED HAT

To fit an average lady's head

Yarn

DK yarn 1 x 100g ball

Needles

1 Pair of 4mm (UK8- US6) and 1 Pair of

3.25mm (UK10–US3) knitting needles.

Tension

24sts and 30 rows to 10cm, 4in over textured stitch using 4mm knitting needles

PATTERN

Using 3.25mm needles, cast on 114sts and work 11 rows in 2x2 rib.

Next Row (ws): Knit to end, dec 1 st at centre of row. 113sts.

1st Row (rs): K2, *P1, K2, rep from * to end.

2nd Row: * P2, K1, rep from * to last 2sts, K2.

3rd Row: As 1st row.

4th Row: Knit.

1st to 4th row sets textured pattern. Continue in pattern (throughout) until hat measures approximately 17cm, ending with a 3rd row of pattern.

Next Row: K6, K2tog, (K9, K2tog) 9 times, K6. 103sts.

Shape Crown.

1st Row (rs): K1, (K2tog, K4) 17 times. 86sts.

2nd and Every Foll Alt Row: Knit.

3rd Row: K1, (K2tog, K3) 17 times. 69sts.

5th Row: K1, (K2tog, K2) 17 times. 52sts.

7th Row: K1, (K2tog, K1) 17 times. 35sts.

9th Row: K1, (K2tog) 17 times. 18sts.

10th Row: (K2tog) 9 times. 9sts.

Break off yarn, thread through remaining sts, draw up and fasten off.

Join back seam and sew in ends



PREEMIE HAT

Measurements

22.5 (26)cm actual hat circumference – to fit babies born 27-31 (32-34) weeks

Materials

DK yarn 1 x 50g ball

Tools

1 pair 4 mm (UK8 – USA6) Rico knitting needles

1 pair 3 mm (UK10 – USA3) Rico knitting needles

Cable needle

Tension

22 sts and 28 rows to measure 10x10cm (4x4in) over st st using 4mm needles

PATTERN

Cast on 49 (57) sts using 3mm needles.

Row 1: K1, (P1, K1) to end.

Row 2: P1, (K1, P1) to end.

Rep rows 1 & 2, 6 times.

Next row: P7, p2tog, (P6 (8), p2tog) 4 times, P8. [44 (52) sts]

Change to 4mm needles.

Row 1: Knit.

Row 2: Purl.

Row 3: K2, P1, (K3, P1) to last st, K1.

Row 4: Purl.

Rows 5 & 6: As rows 1 & 2.

Row 7: K4, P1, (K3, P1) to last 3 sts, K3.

Row 8: Purl.

Rep rows 1–8 until Hat measures 9cm, ending with a WS row.

Shape Crown

Row 1: Patt 4 (5), patt2tog, (patt 4 (5), patt2tog) 6 times, patt 2 (3). [37 (45) sts]

Row 2 and all alt rows: Purl.

Row 3: Patt 3 (4), patt2tog, (patt 3 (4), patt2tog) 6 times, patt 2 (3). [30 (38) sts]

Row 5: Patt 2 (3), patt2tog, (patt 2 (3), patt2tog) 6 times, patt 2 (3). [23 (31) sts]

Row 7: Patt 1 (2), patt2tog, (patt 1 (2), patt2tog) 6 times, patt 2 (3). [16 (24) sts]

Row 9: Patt 0 (1), (patt2tog) 8 (1) times, (patt 0 (1), patt2tog) 0 (6) times, patt 0 (3). [8 (17) sts]

Row 10: Patt 0 (1), (patt2tog) 0 (8) times. [8 (9)] sts.

Cut yarn, draw through rem sts and fasten off.

To Make Up

Sew in ends and join back seam, reversing sewing for turn up rib.



ADULT SOCKS

Diameter around foot

Small Medium Large
19cm 21.5cm 24cm

Yarn

Sock yarn 1 x 100g ball

Tools

Set of 2.5mm dpns
Stitch markers.

Blunt needle for grafting the toe

PATTERN

Cuff

Using 2.5mm needles cast on 54 (60, 66) stitches divide them over 3 or 4 dpns. Place a marker before the first stitch to mark the start of the round and join to work in the round. Work in rib as follows:

Round 1: *k1, p1, repeat from * to end of round. Repeat last round a further 9 (11, 15) times or until cuff is desired length.

Leg Pattern

Round 1: *p1, yo, k2togtbl, p1, k2, repeat from * to end of round.

Round 2: *p1, k2, repeat from * to end of round.

Repeat these 2 rounds a further 26 (29, 32) times - 54 (60, 66) rounds in total, or until the leg is the desired length

Small and large sizes only, on final round 2, pattern to the last stitch. Before working that stitch, m1 to create an extra stitch. (You need an even number of stitches on the heel flap.) 55 (60, 67) sts.

Heel Flap

The heel flap is worked flat, back and forth over half the stitches. Leave the remaining stitches on the other the dpns. You will be

Tension

28 sts and 40 rows to 10cm, 4ins over st st using 2½mm needles.

Instructions given for smallest size, larger sizes given in round brackets. Where only one figure is given this applies to all sizes.

working the heel flap across the stitches you have just finished knitting.

Remove stitch marker, turn your work so the wrong side is facing you.

Row 1 (WS): Sl1, p27 (29, 33) and turn. 28 (30, 34) sts.

Row 2 (RS): *sl1, k1, rep from * to end of needle and turn.

Repeat these two rows a further 13 (14, 16) times. The heel flap should have 28 (30, 34) rows.

Heel Turn

Row 1 (WS): Sl1, p15 (16, 18), p2tog, p1 and turn

Row 2 (RS): Sl1, k5, ssk, k1 and turn

Row 3 (WS): Sl1, p6, p2tog, p1 and turn

Row 4 (RS): Sl1, k7, ssk, k1 and turn

Repeat rows 3 and 4 to continue shaping the heel flap working one more stitch each row until you have worked all the stitches from the heel flap.

Small (and large) sizes only, work final 2 rows of heel flap as follows:

You will have 18 (22) sts remaining before starting these two rows

Row 1 (WS): Sl1, p14 (16), p2tog, p0 (1)

Row 2 (RS): Sl1, k6 (8), k2tog, k6 (7), ssk, k0 (1)

There will be 15 (18, 19) stitches on the heel flap.

Gusset

Pick up and knit the 14 (15, 17) stitches down the side of the heel flap. PM. Work across the 27 (30, 33) stitches across the top of the foot with the leg pattern, beginning on row 1. PM. Pick up and knit the 14 (15, 17) stitches up the side of the heel flap. Knit across the 15 (18,19) stitches of the heel flap to finish the round.

You should have 70 (78, 86) stitches.

Round 1: Knit down the side of the heel flap until you are 3 sts away from the marker, k2tog, k1, slip marker and work across the top of the foot in the leg pattern, slip marker, k1, ssk and knit to the end of the round.

Round 2: Knit down the side of heel flap to the marker, slip marker, work in leg pattern across the top of the foot, slip marker, knit up the side of the heel flap and knit to the end of the round.

Repeat these two rounds until you have 54 (60, 66) stitches remaining. Then continue without any more decreasing for approximately 44 (42, 42) rounds, or until the foot is the correct length, finishing with round 2 of the leg pattern. The toe that you will knit will measure approximately 4 cm (4.5cm, 5cm) from this point.

Toe

Round 1: Knit round to the last 3 stitches before the marker, k2tog, k1, slip marker, k1, ssk, knit across the top of the foot to 3 sts before the marker, k2tog, k1, slip marker, k1, ssk, knit to the end of the round.

Round 2: Knit a round.

Repeat these two rounds until you have 22 (24, 26) stitches remaining. Rearrange these stitches evenly onto two dpns, 11 (12, 13) on each needle, so that the top and bottom of the sock lies flat. Cut the yarn, leaving a tail of 25cm and graft stitches together using Kitchener stitch. Weave in ends from the toe and cuff inconspicuously on the WS. Repeat for sock 2.



KIDS'S HAT

To Fit Age (approx.)	0 – 6 months	6 – 12 months	1 – 2 years	3 – 4 years
Width around head	35 cm 13. in	38 cm 15 in	38 cm 15 in	38 cm 15 in

Yarn

DK yarn 1 x 100g ball

Tools

1 pair 4 mm (UK8 – USA6) Rico knitting needles
1 pair 3 mm (UK10 – USA3) Rico knitting needles
Cable needle

PATTERN

Using 3 mm needles and thumb method cast on 98[106:114:122]sts.

1st row: P2, * k2, p2, rep from * to end.

2nd row: K2, * p2, k2, rep from * to end. These 2 rows form rib.

Cont in rib until hat measures 6[6:7:7]cm, 2[2:2:2]in, ending on a ws row: Change to 4mm needles.

Now work in cable patt as follows:-

1st row: P3, * k4, p4, rep from * to last 7 sts, k4, p3.

2nd row: K3, * p4, k4, rep from * to last 7 sts, p4, k3.

3rd row: P3, * C4B, p4, rep from * to last 7 sts, C4B, p3.

4th row: As 2nd row:

5th and 6th rows: as 1st and 2nd rows. These 6 rows form cable patt.

Cont in cable patt until hat measures 16[17:18:19] cm, 6.[6:7:7]in, ending on a ws row:

Shape Crown

1st row: P1, p2tog, * patt 4 sts, p2, p2tog, rep from * to last 7 sts, patt 4 sts, p3. 86[93:100:107] sts.

2nd row: * K3, p4, rep from * to last 2 sts, k2.

Tension

28 sts and 32 rows to 10 cm (4 in) over cable patt on 4 mm needles or the size required to give the correct tension.

3rd row: P2, * patt 4 sts, p3, rep from * to end.

4th row: As 2nd row:

5th row: P2, * patt 4 sts, p1, p2tog, rep from * to end. 74[80:86:92]sts.

6th row: * K2, p4, rep from * to last 2 sts, k2.

7th row: P2, * patt 4 sts, p2, rep from * to end.

8th row: As 6th row:

9th row: P2tog, * patt 4 sts, p2tog, rep from * to end. 61[66:71:76]sts.

10th row: K1, * p4, k1, rep from * to end.

11th row: P1, * patt 4 sts, p1, rep from * to end.

12th row: As 10th row:

13th row: P1, * k2, k2tog, p1, rep from * to end. 49[53:57:61]sts.

14th row: K1, * p3, k1, rep from * to end.

15th row: P1, * k3, p1, rep from * to end.

16th row: As 14th row:

17th row: P1, * k1, k2tog, p1, rep from * to end. 37[40:43:46]sts.

18th row: K1, * p2, k1, rep from * to end.

19th row: P1, * k2tog, p1, rep from * to end. 25[27:29:31]sts.

20th row: P1, (p2tog) 12[13:14:15]times.

Break yarn and thread through rem 13[14:15:16] sts. Pull up tight and fasten off securely.

To Make Up

Join back seam, reversing seam for first 6[6:7:7]cm, 2 ½ [2 ¼ : 2 ¾]in, for turn-back.

Fold 5[5:6:6]cm, 2[2: 2 ½:2 ½]in to rs around lower edge to form turn-back.

Make a 7cm (2. in) diameter pompon and attach to top of hat.



MEN'S HAT

Yarn

DK yarn 1 x 100g ball

Needles

1 Pair of 4mm (UK8- US6) and 1 Pair of 3.25mm (UK10-US3) knitting needles.

Tension

26sts and 28 rows to 10cm (4in) over 2 x 2 rib on 4mm needles.

PATTERN

With 3¼mm needles cast on 122 sts.

1st Row (Right side): * K2, P2, rep from * to last 2sts, K2.

2nd Row: P2, * K2, P2, rep from * to end.

These 2 rows form 2 x 2 rib.

Work 4 further rows in 2 x 2 rib.

Change to 4mm needles and cont in 2 x 2 rib until Hat measures 14cm (5½ ins) from beg ending with a 2nd row.

Shape Crown

1st Row: K2, * P2tog, K2, P2, K2, rep from * to end. 107sts.

2nd Row: * P2, K2, P2, K1, rep from * to last 2sts, P2.

3rd Row: K2, * P1, K2, P2, K2, rep from * end.

4th Row: As row 2.

5th Row: K2, * P1, K2, P2tog, K2, rep from * to end. 92sts.

6th Row: * P2, K1, rep from * to last 2sts, P2.

7th Row: K2, * P1, K2, rep from * to end.

8th Row: As row 6.

9th Row: K2, * P1, K2tog, P1, K2, rep from * to end. 77sts.

10th Row: * P2, K1, P1, K1, rep from * to last 2sts, P2.

11th Row: K2, * P1, K1, P1, K2, rep from * to end.

12th Row: As row 10.

13th Row: K2tog, * P1, K1, P1, K2tog, rep from * to end. 61sts.

14th Row: * P1, K1, rep from * to last st, P1.

15th Row: K1, * P1, K1, rep from * to end.

16th Row: P1, * P2tog, rep from * to end. 31sts.

17th Row: K1, * K2tog, rep from * to end. 16sts.

18th Row: * P2tog, rep from * to end. 8sts.

Break yarn, thread through rem sts, draw up tightly and fasten off.

TO MAKE UP

Sew in all ends.

It is essential to work to the tension stated.

Yarn amounts may vary when using other King Cole yarns.



FINGERLESS MITTS

Diameter around palm of hand

Small	Medium	Large
15	18	19 cms
6	7	8 ins

Yarn

4ply yarn 1 100g ball

Tools

Set of 5 double pointed 2½mm

(UK13 - US1) knitting needles.

Stitch markers.

Stitch holders.

Instructions given for smallest size, larger sizes given in round brackets. Where only one figure is given this applies to all sizes.

Tension

23 sts and 31 rows to 10cm x 10cm square using stocking stitch and 3.5mm needles

PATTERN

Using set of five 2½mm double pointed needles cast on loosely 56 (60, 64) sts. Divide evenly onto 4 needles. Join into a round without twisting stitches.

Work in K2, P2 rib for 26 rows working in the round.

Work 12 rounds in st st.

Thumb Gusset

1st round - M1, K3, M1, place marker, K to end of round.

2nd and 3rd rounds - K to marker, slip marker, K to end of round

4th round - M1, K to marker, M1, slip marker, K to end of round.

Repeat 2nd to 4th rounds until there are 17

sts before the marker. Work 2nd and 3rd rounds once more.

Hand

Place first 17 sts on a stitch holder for thumb. Cast on 3 sts and continue in st st to end of round. Continue working in st st in the round for 12 more rounds.

Work 8 rounds in K2, P2 rib. Cast off.

Thumb

Place the 17 held sts onto needles. Join in yarn at beginning of gusset. K17 then pick up 3sts. Work 6 rounds in K2, P2 rib.

Cast off.

Weave in ends.



KNITTING ABBREVIATIONS

alt	alternate	p	purl
beg	beginning	p2tog	purl 2 together
C4B	place next 2 sts on cable needle and hold to back, k2, k2 from cable needle	patt	pattern
C4F	place next 2 sts on cable needle and hold to front, k2, k2 from cable needle	pm	place marker
cm	centimetre(s)	pssso	pass slipped stitch over
cn	cable needle	rem	remain(ing)
cont	continue	rep	repeat
dec	decreas(e)ing	rS	right side
foll(s)	follow(s)ing	sl/sl1	slip st
in	inch(es)	sm	slip marker
inc	increas(e)ing	ssk	sl1 knitwise, sl1 knitwise, k the two slipped sts tog tbl
k	knit	st(s)	stitch(es)
k2togtbl	knit two stitches together through the back loop	st st	stocking stitch
m1	make 1 sts, by lifting yarn before next st on to left needle and knitting into back of loop	tbl	through back of loop
		tog	together
		WS	wrong side
		yo	yarn over
		yfwd	yarn forward

